

Lesson Plans

for the Literacy Lab

Lesson 5 - Handout 1

Typing Sentences

Type the sentences.

Start each sentence with a capital letter.

Finish each sentence with a period (.) or question mark (?)

TYPING SENTENCES A

what are some safe ways to lose weight
crash diets are dangerous and don't work
drink water instead of sugary drinks, like juice and soda
exercise at least 3 to 5 times a week
reduce the size of your meals
do you keep eating after you're full
do you eat when you're upset or bored
eat healthy snacks during the day
don't eat at night while you watch tv
eat a variety of foods every day

Type the sentences below with the correct capitalization, spacing and punctuation.

TYPING SENTENCES B

what are some safe ways to lose weight
crash diets are dangerous and don't work
drink water instead of sugary drinks like juice and soda
exercise at least 3 to 5 times a week
reduce the size of your meals
do you keep eating after you're full
do you eat when you're upset or bored
eat healthy snacks during the day
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