

Where We're Needed

Parents from a great variety of communities tell us that the P-CMGP makes a big difference in their lives. Parent-Child Mother Goose Programs have been offered effectively in:

- Aboriginal Communities
- Community and Neighbourhood Centres
- Community Health Centres
- Early Learning Centres
- Family Resource Programs
- Family Service Organisations
- Family Shelters
- Immigrant Womens' Organisations
- Infant Development Programs
- Library Outreach Programs
- Malls
- Public Health Units
- Refugee Service Organisations
- Rural Communities
- Special Needs Organisations
- Teen Parent Groups
- The Deaf Community



Our Supporters...

Thank you for the generous support we have received from:

Alberta Learning
City of Toronto:
Community Services, Access & Equity
Department of Education,
Newfoundland and Labrador
Elementary Teachers' Federation of Ontario
Guaranteed Good Corp.
Health Canada: CPNP, CAP-C
Leonard Wolinsky Foundation
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Mennonite Foundation Canada
Milton and Ethel Harris Family Foundation
Ministries for Children and Families
National Literacy Secretariat
Raise a Reader
Taylor Systems
Toronto Community Foundation
United Way
United Way SUCCESS by 6
The Vancouver Foundation
Yukon United Way

and many generous individuals.

For information on how you can become involved in the Parent-Child Mother Goose Program® please contact us at:

The Parent-Child Mother Goose Program®

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The Parent-Child Mother Goose Program®



cuddle...communicate...connect...



everyone...needs...a...lullaby



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Who We Are

The **Parent-Child Mother Goose Program**[®] is an organisation with more than twenty years experience sharing with parents the power of traditional rhymes, songs and stories. Rhymes and songs and stories are beautiful, practical tools that make daily life with a baby or young child easier and more joyful. Connecting through the rhythm, sound and meaning of language helps parents and caregivers experience joy with their babies and create positive family patterns.

Why We're Needed

There is nothing more important than the bond between parent and child. The **Parent-Child Mother Goose Program**[®] builds on this essential relationship and gives parents the tools that make daily life with a young child more fulfilling. The Program is preventative in nature, and provides community service agencies with a clearly developed program that is also responsive to each community's needs. The **Parent-Child Mother Goose Program**[®] is committed to inclusive services that provide a climate of mutual respect and understanding. We welcome diverse cultures, languages, family situations, sexual orientations, and physical and mental abilities.

*"My home is a much happier home because of the program."
-parent participant*



Who Benefits From Our Program?

Our program helps organisations deliver services for families with young children from newborn to age four. All who participate benefit from the **Parent-Child Mother Goose Program**[®].

Parents

- gain confidence as learners and parents
- learn appropriate alternatives to physical control
- learn ways of handling stressful times
- develop a network of friendship and support

Children

- show a marked improvement in language, pre-literacy and cognitive skills
- gain self-esteem
- develop social skills

Community Services and Agencies

- can effectively deliver their mandate(s) for families with young children
- build and strengthen their communities
- provide a safe entry point for other services
- provide transferable skills for staff to use in other service areas

Parents and Children

- experience the spark of delight and magic that comes from enjoying a favourite rhyme or song together
- learn and keep a repertoire of rhymes, songs and stories
- enjoy strengthened bonding

These skills, pleasures and insights are taken home and shared with older children and often with the other parent and with grandparents. The whole family benefits.

How We Work With Organisations

Our program is a three-step program, where we train the teachers, teach the parents, and build on teachers' practical experience.

Step 1 – Our Workshops: Train the teachers

Our teacher training workshops cover the materials, methods and underlying principles of the Program. The first level of training has two parts: a two-day training workshop followed by either apprenticeship or practicum experience.

Step 2 – Our Programs: Teach the parents

Local programs teach parents rhymes and songs and give participants opportunities to build on their strengths and learn new skills. Each group of parents and children meets with two teachers once a week throughout the year. The teachers encourage parents to:

- use language with their children from infancy onward
- make eye contact with their child and observe and respond to their child
- touch and hold their children responsively and appropriately.

Each session ends with a story told to the parents, giving them the same pleasure in language and listening that they give to their children with rhymes and songs. Our Programs have been particularly effective for parents living in situations of risk. There is no cost to the parents who participate.

Step 3 – Renew and strengthen skills

Teachers connect with the P-CMGP Network for ongoing support, encouragement and resources. Level Two Workshops offer in-depth training for advanced certification.

