



# Family Literacy Focus

Spring 2010

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You're Invited to a  
**Family Literacy Facilitator  
Book Making  
Night**



Come learn how to make homemade books.  
Great for sharing stories, family events and more.  
Book making can be included in any program.

**Have you made books?  
Bring samples to share.**



**May 4, 2010  
6:30 to 8:00pm**

At 54 – 11th Street East Prince Albert  
(Red Cross Building)

**Please let us know you are coming  
by calling 922-6736 by April 27th.**

Prince Albert Literacy Network  
511- 5th Ave. East  
Prince Albert, SK S6V 0Z9

Phone: 306.922-6736  
Email: pafamilylit@sasktel.net  
Website: www.nald.sk.ca/paln



Prince Albert Literacy Network

## Tell It! Story Workshop with Kevin MacKenzie

Wed. April 14th– 6:30 to 9:00 pm  
John M. Cuelenaere Public Library  
125 12th Street East, Prince Albert



- Discover the importance of group storytelling
- Focus and excite busy, noisy groups
- Add to your Oral Story Repertoire

***This workshop is open to anyone wanting to boost their storytelling skills.***

**Registration is \$35.00 per person** to be paid by April 9th. Call Janet Gray at (306) 763-8496 or email [jgray@jmcpl.ca](mailto:jgray@jmcpl.ca) to register for this exciting workshop.

*Copies of his DVD can be purchased there for \$20.00.*



**The heart and soul of a family is in their stories.**

**Leah Gutierrez**

**Learn**

**Live...**

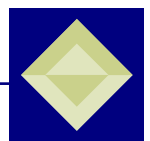
**Literacy!**

## New Storysack –Head to Toe



Our bodies can move in many different ways from head to toe. Animals also move in a variety of ways. Can you bend your knees like a camel or turn

your head like a penguin? Check out this storysack to see what other animals there are.



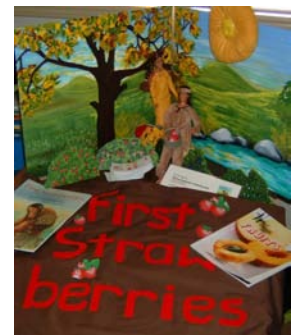
## Storysack Lending Library

**Storysacks are a fun way of sharing books**

Included in a Storysack is:

- ◆ Good children's book
- ◆ Related factual book
- ◆ Props to make story come alive
- ◆ Discussion prompt card
- ◆ Game
- ◆ Backdrop or story mat

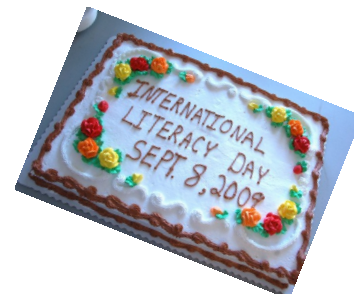
**Storysacks are Free to borrow on a weekly basis Mondays 12-4pm**



## PALN Year in Review

During the past year, the PALN has been involved in many projects, trainings and Family Literacy programs in Prince Albert and area. Let us share some of our successes with you:

- ◆ Celebrated the **20th Anniversary** of the Prince Albert Literacy Network
- ◆ Re-released 2 books:
  - “**My Extraordinary Family**”
  - “**Eat Right and Save Money**”
- ◆ Celebrated **International Literacy Day** and **Family Literacy Day**
- ◆ Held training sessions in:
  - **Introduction to Family Literacy**
  - **Family Learning Olympics**
  - **Come Read With Me**
  - **Rhymes, Songs and Storytelling**
  - **LEAP (Learning, Education, Activity and Play)**
  - **Alphabet Soup**
- ◆ Developed a series of “**Family Literacy Every Day**” posters with rhyme booklets for the infant childcare facilities at local high schools
- ◆ Have several new Storysacks including:
  - **Polar Bear Son**
  - **The Little Duck; Sikhpsis**
  - **Something From Nothing**
  - **From Head To Toe**
  - **The First Strawberries**
  - **It's Mine**
  - **I Don't Want To Take A Bath**
- ◆ Produced and distributed “**While You Wait**” posters to waiting rooms and immunization clinics
- ◆ Placed two “**Read a Book**” bins at minor emergency clinics in Prince Albert
- ◆ Supported multiple Family Literacy programs in:
  - **Alphabet Soup**
  - **Come Read With Me**
  - **Family Learning Olympics**
  - **Books for Toddlers**
  - **Storysacks**





Prince Albert Literacy Network

## Prince Albert Literacy Network

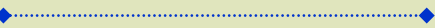
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E-mail: [pafamilylit@sasktel.net](mailto:pafamilylit@sasktel.net)

[www.nald.ca/paln/](http://www.nald.ca/paln/)



### The Prince Albert Literacy

**Network** has monthly meetings to discuss literacy activities in our area. Meetings are:

- Held the first Thursday of each month
- 4-6 pm at the Bison Café  
1210 Central Avenue.

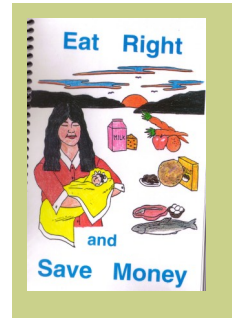
**Everyone is welcome to attend.**

## Eat Right and Save Money

Eat Right and Save Money is a plain language guide to healthy eating (with a sprinkle of Cree).

It includes topics such as:

- **Canada's Food Guide**
- **Feeding Your Unborn Baby**
- **Snacks for Growth**
- **Feeding Baby**– breastfeeding, bottle feeding and solid foods
- **Food Shopping**– shopping tips, menu ideas, grocery list and end of month shopping.
- **Recipes**– Apple salad, chilli, French toast, stew, pizza-roni, potato pie and more



This book was originally produced in 1996 and has been revised twice to update the information. Books are available from the PALN for use in parenting programs. Contact us at 922.6736. This book is on the PALN website under the **Parent's Corner** tab.

## Book Share Idea

### Jack's Garden

By Henry Cole



#### Looking at the Book:

- Where did Jack plant his garden? What did he use?
- What kinds of creatures enjoyed Jack's garden?

#### Things to talk about:

- What was needed to make the garden grow? (soil, seeds, water, sun, time)
- What things can be learned by planting and tending to a garden?
- What can you grow in a garden? Where does the food that we eat come from?

#### Activities to do:

- Plant a garden in the ground or in a container of soil. Take care of it as it grows.
- Go for a walk around the neighbourhood and see gardens that others have planted.
- Visit a garden store or green house to see what they are growing.
- For a snack, make your own edible garden using fruits and vegetables; arrange the food on your plate to make a garden or picture. Dip could be made by mixing ½ cup plain yogurt with ½ cup cottage cheese and ½ tsp. dill, onion salt and lemon juice.